

# Polzeath Marine Conservation Group's Events in 2017

- Public can join as members at each event (for information on membership see back of leaflet).
- Suitable clothing and footwear, equipment, snacks & drinks should be brought for each event. Booking not essential unless specified.
- For more information on any of the events, please email polzeathmc@gmail.com
- All participants below the age of 18 must be accompanied by an adult.



## Sat 14 January: BeachCare Beach Clean \*

## Weds 15 February: BeachCare Beach Clean \*

## Fri 10 March: BeachCare Beach Clean \*

### \*BeachCare Beach Cleans

Help BeachCare volunteers to clean the stunning beaches at Polzeath each month. All equipment provided.

**Cost:** Free, but donations welcome

**Time:** 9:30am, except the Mega Beach Cleans which start at 3pm

**Meet:** On Polzeath beach

**Bring:** Suitable clothes and footwear for the weather conditions

## Weds 5 April: Talk 'The Pentireglaze Mine: Rise, Fall and Afterlife'

In this illustrated talk Tony Davies will explore the history and topography of the mine, the reasons behind its eventual failure in the later nineteenth century, and the remaining visible evidence of its existence and impact on the neighbourhood.

**Cost:** Free for PMCG members or £2 per person

**Time:** 7pm - 8.30pm

**Meet:** Tubestation, Polzeath, SW 935 789, PL27 6TB

## Sat 8 April: Polzeath Beach Mega Spring Clean

Help BeachCare, National Trust, Cornwall Wildlife Trust's Your Shore Rangers and PMCG volunteers to clean the stunning beaches at Polzeath. All equipment provided.

**Cost:** Free, but donations welcome

**Time:** 3.00pm

**Meet:** Polzeath Marine Centre, PL27 6TA, SW 936 788

**Bring:** Suitable clothing and footwear for the weather conditions

## Weds 12 April: Rock Pool Ramble! \*\*

**Time:** 12pm - 2pm

### \*\*Polzeath Rock Pool Rambles!!

Join marine experts, PMCG volunteers, and National Trust rangers on one of our famous explorations of the shore! With dates throughout the year, you have a chance to discover the wonders of the rock pools, from rare Celtic sea slugs to stalked jellyfish and an abundance of crabs.

**Cost:** Free for PMCG members or £2 per person

**Meet:** Polzeath Marine Centre, PL27 6TA, SW 936 788

**Bring:** Suitable clothing and waterproof footwear (but not crocs or flipflops)

**Contact:** Booking essential on 07779 896650 or email polzeathmc@gmail.com

## Sat 29 April: Baby Lobster Release at Trevone

Join us for a fun-filled day at the beach with the National Lobster Hatchery. We will be releasing baby lobsters to a safe-haven where they can start their new life in the ocean. The local conditions are naturally sheltered and so will allow the baby lobsters to safely reach adulthood. You will be able to get a close-up look at the hatchlings before they are set free, learn about how lobsters grow and play some fantastic beach games whilst celebrating our coasts.

**Cost:** £10 per adult, £5 per child, or £25 family (2 adults and 2 children)

**Time:** 1pm - 3pm

**Meet:** On Trevone beach

**Contact:** Booking essential, please visit [www.nationallobsterhatchery.co.uk](http://www.nationallobsterhatchery.co.uk)

Places are limited so payment in advance will be needed to secure your place!

**Bring:** Suitable clothing and footwear for the weather conditions

## Tues 9 May: Talk by Tim Nunn

Surf explorer and photographer Tim Nunn takes us on the next step of his mission to educate the world on the far reaching extent of marine rubbish. Using surfing and adventure as far north as the polar ice cap, he provides both an inspirational and awesome background to the huge environmental project as well as painting a horrifying picture about the consequences of our disregard for the world's oceans.

**Cost:** Free for PMCG members or £2 per person

**Time:** 7pm - 8.30pm

**Meet:** Tubestation, Polzeath, SW 935 789, PL27 6TB

## Sun 14 May: Foraging walk with Wild Thymes

Join Megan Adams from Wild Thymes on a walk around Polzeath's coastline to see what delicious treats we can find. With Megan's help we will find out which plants are edible, which ones to avoid and hopefully will be able to try some foraged snacks!

**Cost:** Free for PMCG members or £2 per person

**Time:** 1pm - 3pm

**Meet:** Polzeath Marine Centre, PL27 6TA, SW 936 788

**Booking Essential:** Contact 07779 896650 or email polzeathmc@gmail.com

**Bring:** Suitable clothing and footwear for the weather conditions

## Weds 17 May: BeachCare Beach Clean \*

## Tues 30 May: Rock Pool Ramble! \*\*

**Time:** 2.30pm - 4.30pm

## Thurs 1 June: Polzeath Marine Discovery Day

PMCG, Cornwall Wildlife Trust's Your Shore Rangers, National Trust and many others are joining forces to bring you a marine day you'll never forget! Come along and celebrate our seas in Polzeath, learn fun and fascinating facts about our amazing marine life, create beach sculptures, go on a rock pool ramble, and so much more.

**Cost:** Free, but donations to the Polzeath Marine Conservation Group welcome.

**Time:** 10am - 4pm

**Meet:** Polzeath beach

**Bring:** Suitable clothing and footwear for the weather conditions

**Contact for more information:** 07779 896650 or polzeathmc@gmail.com

## Tues 13 June: Easy Access Rock Pool Ramble

For those that may find our usual rambles a challenge, this rock pool discovery event will be easily accessible for all ages and abilities. You can be taken by National Trust 4x4 or beach wheelchair (if available) to a base near the rock pools where a table top laboratory will be set up, enabling everyone to see what can be found on our rocky shore.

**Cost:** Free for PMCG members or £2 per person

**Time:** 1pm - 4pm

**Meet:** Polzeath Beach car park

**Contact:** Booking essential, please call 07779 896650 or email polzeathmc@gmail.com

to book a place and to discuss your needs and requirements.

**Bring:** Please bring a carer or support worker as needed. Wear suitable warm clothing especially if seated throughout the event, and sensible waterproof footwear.

## Fri 16 June: BeachCare Beach Clean \*

## Weds 19 July: BeachCare Beach Clean \*

## Weds 26 July: Get Crafty! \*\*\*

## Thurs 27 July: Rock Pool Ramble! \*\*

**Time:** 2pm - 4pm

## Tues 1 August: Seaquest Public Seawatch at The Rumps

As part of National Whale and Dolphin Week join marine experts to conduct a marine wildlife survey and learn more about the amazing animals that use our waters from dolphins to seals.

**Cost:** Free, but donations to the Polzeath Marine Conservation Group welcome.

**Time:** 11am - 1pm

**Meet:** On The Rumps! Looking out over Mouls Island. Pentire head, near Polzeath.

**Bring:** Warm and waterproof clothing, drinks and food (none available near by). Bring binoculars although spare pairs are available to share.

## Weds 2 August: Get Crafty! \*\*\*

### \*\*\*Get Crafty!

Our marine themed arts and crafts sessions are back by popular demand! From strandline creations to rock pool wonders, everyone can enjoy getting elbow deep in recycled craft creations.

**Every Wednesday during the summer holidays** from Weds 26 July until Weds 30 August

**Cost:** Free for PMCG members or £2 per child

**Time:** Drop in between 10.30am - 12.30pm

**Meet:** Polzeath Marine Centre, PL27 6TA, SW 936 788

**Bring:** Your imagination and a parent or a guardian if under 18

**Contact:** Booking not essential

## Fri 4 August: Snorkelling in a Rockpool

Join Cornwall Wildlife Trust's Matt Slater, Nat Gibb and Fox club members for a children's (6yr - 11yr only) learn to snorkel session within the safety and beauty of a Cornish rock pool.

**Cost:** Children £5, accompanied by adults on land!

**Time:** 9am - 12pm

**Meet:** New Polzeath car park, SW 941 799

**Bring:** Your own mask, snorkel and a well-fitting wetsuit

**Contact:** Booking essential, through FoxClub on 01872 240777 ext 245

## Tues 8 August: Rock Pool Ramble \*\*

Led by National Trust Rangers

**Time:** 11.30am - 1.30pm

## Weds 9 August: Get Crafty! \*\*\*

## Weds 9 August: 'North Cornwall's Fantastic Wildlife'

Join us for what is sure to be an incredible evening learning about some of the amazing wildlife that lives in our countryside. Tony House (self-proclaimed 'otter-holic and water vole lover') will be sharing his experiences about otters, water voles, kestrels, peregrines and much more!

**Cost:** Free for PMCG members or £2 per person

**Time:** 7pm - 8.30pm

**Meet:** Tubestation, Polzeath, SW 935 789, PL27 6TB

## Thurs 10 August: Rock Pool Ramble! \*\*

**Time:** 1pm - 3pm

