

Mon 14 August: Rockpooling and Beach Fun with Wild Thymes

We will be having an afternoon packed full of rockpooling and beach games run by Megan Adams of Wild Thymes. So, come on down to see what creatures live in our rock pools, and have some fun!

Cost: Free for PMCG members or £2 per person

Time: 3pm – 5pm

Meet: Polzeath Marine Centre, PL27 6TA, SW 936 788

Bring: Suitable clothing and waterproof footwear (but not crocs or flipflops)

Contact: Booking essential on 07779 896650 or email polzeathmc@gmail.com

Weds 16 August: BeachCare Beach Clean * Get Crafty! ***

Mon 21 August: Rock Pool Ramble **

Led by National Trust Rangers

Time: 11am – 1pm

Tues 22 August: Radical Rockpooling

Join the Cornwall Wildlife Trust beach ranger team for some radical rockpooling here in Polzeath. Ages 11+ only. Parental consent forms to be signed prior to event or on the day by responsible adult.

Cost: Free for PMCG members or £2 per person

Time: 11am – 1pm

Meet: Polzeath Marine Centre, PL27 6TA, SW 936 788

Bring: All equipment provided as needed. Bring a wetsuit if you have one.

Contact: Booking essential, through nat.gibb@cornwallwildlifetrust.org.uk or call 07973 728804

Weds 23 August: Get Crafty! ***

Thurs 24 August: Rock Pool Ramble! **

Time: 1pm – 3pm

Weds 30 August: Get Crafty! ***

Sat 16 September: Polzeath Mega Beach Clean

Help BeachCare, National Trust, Cornwall Wildlife Trust's Your Shore Rangers and PMCG volunteers to clean the stunning beaches at Polzeath. All equipment provided.

Cost: Free, but donations welcome

Time: 3.00pm

Meet: Polzeath Marine Centre, PL27 6TA, SW 936 788

Bring: Suitable clothing and footwear for the weather conditions

Fri 20 October: BeachCare Beach Clean *

Weds 25 October: Talk 'The National Trust at Trevoise Head'

Find out what the National Trust are doing at Trevoise Head near Padstow

Cost: Free for PMCG members or £2 per person

Time: 7pm – 8.30pm

Meet: Tubestation, Polzeath, SW 935 789, PL27 6TB

Weds 15 November: BeachCare Beach Clean *

Sat 16 December: BeachCare Christmas Beach Clean *

Join BeachCare volunteers on their last beach clean of 2017 and celebrate with mulled wine and mince pies.

Seashore Code

- Leave live animals and seaweeds where you find them.
- Always replace overturned rocks – they are someone's home!
- Take your litter home with you or put it in a bin.
- Take only photos, leave only footprints!
- Be careful on the shore at all times; check the tides and keep away from the cliffs.
- Report anything unusual washed up on the beach or spotted offshore.

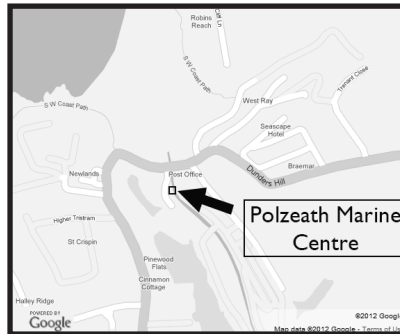
Join Us

The Polzeath Marine Conservation Group are passionate about protecting and enhancing the special marine environment in Polzeath. We depend on support from people who care about the wildlife of Polzeath and Cornwall.

You can support us by becoming a member:

- **Individual membership:** £5
- **Family membership:** £10
- **Business membership:** £50

Events are free for members: Contact for more information.



Find Us

The Polzeath Marine Centre can be found in the heart of Polzeath village opposite the pitch and putt green: Polzeath Marine Centre, Dunders Hill, Polzeath, Cornwall, PL27 6TA SW 936 788

Marine Emergency Contacts

All strandings of dolphins, turtles, seals and basking sharks require urgent attention, whether dead or alive. Please call the appropriate number immediately so that trained volunteers can attend quickly to attempt a rescue of live casualties, or to fully record dead ones before the tide removes them.

For live strandings call British Divers Marine Life Rescue (BDMLR) on 01825 765546 during office hours. After 5pm on working days, or at weekends or Bank Holidays, please call the out of hours number on 07787 433412 (NB: this number does not receive texts or pictures).

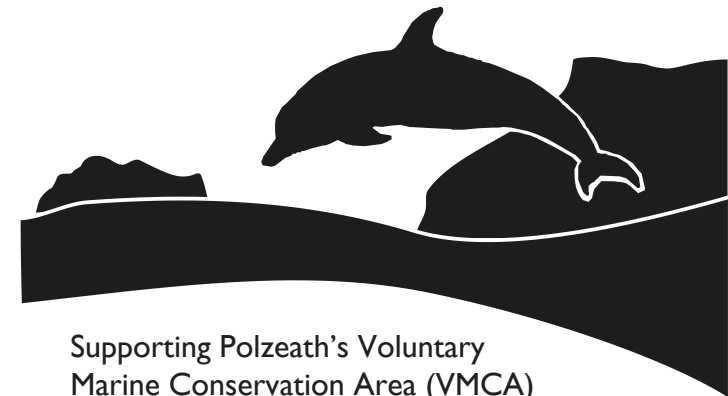
The Cornwall Wildlife Trust's Marine Strandings Network is the licensed recorder for all dead marine strandings in Cornwall. Please report all marine strandings to the 24hr hotline on 0345 201 2626.



Thanks to all the volunteers and organisations who have made this programme of events possible.

Design by Sarah Millward - www.facebook.com/polzeath.
Printed with vegetable inks on paper certified by the FSC.

Polzeath Marine Conservation Group and Marine Centre 2017 Events



Supporting Polzeath's Voluntary Marine Conservation Area (VMCA)



For more information or to volunteer:

Web: www.polzeathmarineconservation.com

Email: polzeathmc@gmail.com

Call: 07779 896650

Facebook: Search 'Polzeath Marine Conservation Group'